

# Directions Headlines Issue 19 Fall 2013

# A career action plan puts you in the driver's seat

Immigrating to Canada was probably the most recent life project you worked on. Once settled, you are surely looking for a job in your field. At Directions for Immigrants we help internationally educated professionals find a professional job and pursue accreditation. The next step, after booking an appointment and attending the Job Search Strategies Workshop, is to develop a career action plan. "It's basically creating a list of activities to work on such as refining your resume and cover letters, conducting information interviews with working professionals, submitting application for licensure. Ultimately it's about finding work" says Patrick Cotter, career coach at Directions.

A career action plan puts you in the driver's seat. You are in control of your job search and/or licensing process and the career coaches will guide you in the right direction and help you keep focused and motivated. "Our role is to reduce the time it takes to find a job on your own. Having your personal career coach is more beneficial than going to random places seeking help," advises Patrick.

Flexibility is also important when following an action plan. "It doesn't have to be too rigid, so that you can add new activities and goals. That's actually positive!" says Patrick. If you want to find out how to develop an action plan call 403-770-5155, toll free 1-877-297-2553 or email us

SAMPLE Directions for Immi	lan	
Career Goal: To secure a professional job and get accre	ditation in my prófession	1.
ACTIVITY	Expected completion date	Actual completion
Attend employment workshops at Directions for Immigrants	36,247	
Work on my resume and cover letter with my career coach	100	
Research upcoming networking events		
Apply to job postings at companies I want to work for	1967	-

#### **Congratulations Marie!**

Marie is an internationally educated accountant with 12+ years of experience who received one-on-one guidance and support with her job search from Rachel, career coach at Directions. She landed a job as an Accounts Payable Administrator in an environmental services company.



Marie, internationally educated accountant



### New office location

We have a new office location as of August 20. We are at Bow Valley College, South Campus, 3rd Floor, Room S3116, accessible from the City Hall C-Train station. We expect to be in this new location for approximately one year while our building is repaired from flood damage.



#### LinkedIn Workshop

This interactive hands-on workshop will help you learn how to use this social media network, enhance your profile and expand your network.
Each participant will have access to a computer.
The next workshop is on Wednesday, October 16th from 1:00 pm to 4:00 pm. Registration is required. Email us or call us 403-770-5155



## No cost CRNE preparation

Are you an internationally educated nurse writing the February CRNE? Join our Canadian Registered Nurse Examination study group and write the exam with confidence. Sessions run from October 15/13 to January 28/14. Online sessions available for residents outside Calgary.

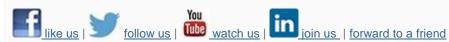
#### **Upcoming Workshops** Fall 2013

How to Information Interview

How to Network

LinkedIn

#### Orientation and Job Search Strategies



#### Our new office location: 345 - 6 Ave SE Calgary AB T2G 4V1

Directions for Immigrants is operated by Bow Valley College. This service has been funded by the Government of Alberta and the Government of Canada.

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